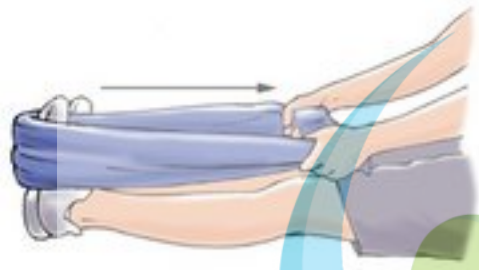


Ankle Fracture Rehabilitation Exercises



Towel stretch



Standing calf stretch



Standing soleus stretch



Ankle range of motion



Resisted ankle dorsiflexion



Resisted ankle plantar flexion

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